Veterans Integration to Academic Leadership (VITAL) is a Veterans Health Administration (VHA) program under the Office of Mental Health and Suicide Prevention (OMHSP). VITAL operates on 24 medical centers, in 14 Veterans Integrated Services Networks (VISNs) and on 144 colleges and universities across the country. The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans, while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

ELIGIBILITY

General eligibility for VITAL services:

- Meets VHA eligibility criteria for healthcare services
- Enrolled in the VA health care system

CLINICAL SERVICES

Seamless access to VA healthcare services and on-campus clinical counseling:

- Provide evidence based on-campus mental health counseling by a clinically licensed mental health provider (psychologist, social worker, etc.)
- Facilitate on-campus Veterans enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers
**CARE COORDINATION SERVICES**

Provide efficient care coordination of all available services:

- Connect Veterans with VHA, VBA, campus and community services
- Partner with VBA to educate student Veterans on all VA benefits available to them
- Assist Veterans to navigate VHA, VBA, campus and community services to support their educational success

**EDUCATION AND TRAINING SERVICES**

Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training:

- Create sound partnerships with college and university leadership
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths

VA Campus Toolkit: [https://www.mentalhealth.va.gov/studentveteran/](https://www.mentalhealth.va.gov/studentveteran/)

**CONTACT**

For more information about VITAL services please contact the VITAL program at [vavital@va.gov](mailto:vavital@va.gov) or visit us online at [mentalhealth.va.gov/studentveteran](http://mentalhealth.va.gov/studentveteran)