RECOVERY IS POSSIBLE.
YOU DON'T HAVE TO DO IT ALONE.

Have you ever worried about your or someone else's alcohol or drug use?

Get your questions answered at HPAC.
- Stigma-free support.
- Referrals to on & off-campus resources.
- Recovery support for you or friends/family of those in recovery.
- Reality-Based Alcohol and Drug Education.

Book with the Coordinator for Alcohol & Other Drugs Initiatives at
www.auhpac.youcanbook.me
RECOVERY RESOURCES
YOU ARE NOT ALONE.

12-STEP MEETINGS

- DC Young People AA- Mondays 8:00 PM
  - Augustana Lutheran Church
    - 2100 New Hampshire Ave NW
- Queer Women’s Meeting AA Fridays 7:15 PM
  - St. Mary’s Church
    - 728 23rd Street NW
- Gay Men’s Meeting AA Fridays 8:30 PM
  - St. Mary’s Church
    - 728 23rd Street NW

MORE RESOURCES

- The Sobriety Collective: thesobrietycollective.com
- The Temper: thetemper.com
- SMART Recovery: smartrecovery.org
- Eating Disorders Hope: EatingDisorderHope.org
- Collegiate Recovery Resources: collegiaterecoveryresources.org

- Nuts and Bolts AA Sundays 8 pm
  - 3401 Nebraska Ave NW
- Footsteps NA Sundays 8:00 PM
  - Grace Episcopal Church
    - 1041 Wisconsin Ave NW
- Gratitude AA Wednesdays 8:30 PM
  - Dupont Circle Club
    - 1623 Connecticut Ave NW

LET’S GO IN-PERSON

- The Body Image Therapy Center- (877) 674-2843
- The Dorm- (877) 996-2326
- Tenley Recovery- (202) 643-9329
- Kolmac Outpatient Recovery Centers-(888) 684-0336

Questions? Book with the Coordinator for Alcohol & Other Drugs Initiatives at www.auhpac.youcanbook.me