Healthy Campus strives for Clemson University to be a national model of health, safety and sustainability and for our students to experience a way of life at Clemson University that contributes to their lifelong health and well-being.

Healthy Campus achieves this by providing exemplary:

- Leadership and advocacy for public health policies and structures intended to improve health
- Engaged learning experiences—creative inquiry, teams, internships, class projects
- Partnerships and networks of collaboration to achieve Healthy Campus objectives
- Population-level interventions

Academic Courses

Healthy Campus offers Creative Inquiry courses that focus on the combination of engaged learning and undergraduate research. In these courses, students learn basic research skills related to health promotion and support assessment needed in the department. We also offer a full course for sustainability leadership. In these courses, students develop individual problem-solving skills and collaborate as a team.

Internships

Through University Professional Internship and Co-op programs (UPIC), Healthy Campus offers several paid internships for undergraduate students each semester. In these internships, students work with a staff mentor on projects to develop professional competencies and related professional skills. They aid in the daily needs of Healthy Campus and contribute to the overall functions in the department.

Academic Programs

- Project Life Movement:
- Aspire to Be Well:
- Sustainability:
- Alcohol and Other Drugs:
- Marketing and Communication:

Academic Mentorship

- Mentorship:
- Student Leadership:
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Marketing and Communication:

- 9 interns since Fall 2014
- Several throughout
- 1 since Fall 2019

Partnerships and Networks

- With Clemson Community Coalition:
- Clemson Honors College Wellness:
- Peer Body Project:
- Clemson University Student Government
- Eco Reps / Residence Assistants / You are Not Alone

Student Leadership

- There are many ways in which Healthy Campus connects with student leaders on campus to promote well-being. We rely on our connections with student leaders to promote our initiatives, co-create experiences, and attend our experiences. We connect with student organizations and other campus departments to train peer educators and educate student leaders on support strategies related to well-being.

Research and Assessment

- Utilize national surveys to teach data analytics and expose students to well-being focus areas
- Develop new research projects and have students lead interviews or survey collection
- Encourage students to create reports of findings and presentations

Program Development

- Present research to stakeholders
- Develop and encourage use of student resources
- Co-create new programs and activities
- Advocate for change and new resources
- Lead outreach activities and educational sessions

Mentoring & Teaching

- Identify learning outcomes for projects and assignments
- Help connect learning to future career goals and course work
- Identify research techniques with transferable skills
- Build mentor relationship and extend support

Research & Assessment

- Participate in state and national surveys to assess student interest and engagement in well-being
- Collect survey data and analyze results

Program Development

- Present research to stakeholders
- Develop and encourage use of student resources
- Co-create new programs and activities
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861 Researchers

- Leaders Advocates and counting

Sustainability Leadership:

- The Department of Healthy Campus strives for Clemson University to be a national model of health, safety and sustainability and for students to experience a way of life at Clemson University that contributes to their lifelong health and well-being.

- They also promote these values through the following initiatives:
  - 76 students
  - 12 students
  - 24 students
  - 36 students
  - 363 students

- The department offers several paid internships for undergraduate students each semester.

- There are many ways in which Healthy Campus connects with student leaders on campus to promote well-being. They rely on their connections with student leaders to promote their initiatives, co-create experiences, and attend their experiences.

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