Campus Police
Creating Change!
Using Motivational Interviewing on Patrol.
Welcome

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AGENDA

• Start with Why
• What is MI?
• MI and Campus Police
• MI on Patrol
Observations

• Substance Misuse
• Crime Prevention
  • ‘Upstream’
• The ‘Do-Better’ talk
Person Centered Policing
What is Motivational Interviewing?

“A person-centered form of guiding to elicit and strengthen motivation for change.”

(Miller and Rollnick, 2002)
• Counselors
• Student Conduct
• Medical Staff
• Housing Staff
• Alcohol Education Programs
• Health Practitioners
Environmental Prevention Strategies vs Individual Prevention Strategies
Motivation is Elevated

<table>
<thead>
<tr>
<th>Consequence (YAAPST)</th>
<th>Negative (%)</th>
<th>Neutral (%)</th>
<th>Positive (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arrested/Citation</td>
<td>92.5</td>
<td>5.0</td>
<td>2.5</td>
</tr>
<tr>
<td>Belongings Stolen</td>
<td>90.9</td>
<td>3.0</td>
<td>6.1</td>
</tr>
<tr>
<td>Received Lower Grade</td>
<td>87.5</td>
<td>12.5</td>
<td>0</td>
</tr>
<tr>
<td>Regretted Sex</td>
<td>83.8</td>
<td>12.2</td>
<td>4.1</td>
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<tr>
<td>Vomit</td>
<td>76.7</td>
<td>14.2</td>
<td>9.1</td>
</tr>
<tr>
<td>Physically Embarrassed</td>
<td>57.5</td>
<td>37.2</td>
<td>5.3</td>
</tr>
<tr>
<td>Blackout</td>
<td>53.4</td>
<td>34.8</td>
<td>11.8</td>
</tr>
<tr>
<td>Late to Work or Class</td>
<td>53.3</td>
<td>34.8</td>
<td>12.0</td>
</tr>
<tr>
<td>Socially Embarrassed</td>
<td>51.1</td>
<td>42.0</td>
<td>6.8</td>
</tr>
<tr>
<td>Hangover</td>
<td>47.3</td>
<td>27.8</td>
<td>24.9</td>
</tr>
<tr>
<td>Awoke in Another’s Bed</td>
<td>41.8</td>
<td>41.8</td>
<td>16.4</td>
</tr>
<tr>
<td>Binge-Eating</td>
<td>16.8</td>
<td>56.0</td>
<td>27.2</td>
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</tbody>
</table>

Source: Mallett et al. (2008)
“Life Goes On”

- Verbal Warning
- Student Conduct
- State Citation
- Arrest
Consistency
The Style of Interaction

- Value diversity
- Manage the dynamics of difference
- Acquire and incorporate cultural knowledge
- Adapt to diversity and the cultural contexts of the individuals they serve.
Overall Resident Satisfaction

Union First-Year Res Halls: 85%
National Average: 80%

Satisfaction rating among three first-year resident halls at Union higher than national average.

2012: 70%
2013: 80.4%

15% increase in overall resident satisfaction with hall/apartment student staff.

Resident Engagement

2012: 63%
2013: 80%

27% increase in number of first-year students who reported attending residential programming.

Billed to students for vandalism/room damage:
2011/12: $38,795.41
2012/13: $15,853.27

59% decrease

(Timpf, 2014)
CAMPUS DRINKING CITATION
CASE: MI.4.POLICE

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- VIOLATION -

1. Motivation is already elevated
2. Close the 'Life goes on' time gap
3. Consistent MI
4. The style of the interaction
Karate vs Judo

Principles of Verbal Judo

- Listen better
- Learn what not to say
- Engage people through empathy
- Lower resistance

LEADERS

Listen
Empathize
Ask
Paraphrasing
Summarize
Principles of MI

✓ Express Empathy
✓ Develop Discrepancy
✓ Roll with Resistance
✓ Support Self-Efficacy
Challenges & Obstacles

- Too intoxicated
- Won’t talk/stone walling
- Time constraints
- “Showing activity” to your supervisor
- Department culture
- Too touchy feely
Prevention

*is better*

Together

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